

Breakfast MENU

**August/September
K8, Middle, LHS
Breakfast Menu**

Check out <https://lowellk12ma.nutrislice.com/> for Menu's, Nutrition Education & Monthly Promotions! Questions or concerns please contact foodservices@lowell.k12.ma.us

All breakfast items are whole grain.
Offered Daily: 1 % and Skim Milk, and Fresh Fruit
All Breakfast is provided free for all students.
*Menu is subject to change.

Offered Daily(MS/HS): Cereal Bar, Assorted Cereal Bowl, Assorted Muffins, Breakfast Rounds, Benefit Bars, All Day Energy Platters and Bagels with Cream Cheese



WELCOME BACK	26 Egg & Cheese Wake Up Wrap Blueberry Muffin Served with Oranges & Juice	27 Powdered Sugar Donut Assorted Cereal Bars Served with Strawberries & Clementines	28 Bacon, Egg, and Cheese Croissant Mini Strawberry Filled Bagel Served with Fresh Fruit Cup & Juice	Labor Day Recess
	Labor Day	2 Mini Cini Caramel Bagel Chocolate Chip Muffin Served with Oranges & Juice	3 Ham & Cheese Croissant Double Chocolate Betty Crocker Bar Served with Strawberries & Clementines	4 Chocolate Crescent UBR Round Served with Fresh Fruit Cup & Juice
8 Cinnamon Raisin Bagel Asst. Cereal Bowl with a Graham Cracker Served with Apples and Pears	Election Day	10 Apple Frudel All-Day Energy Platter Served with Strawberries & Clementines	11 Egg & Cheese Croissant Cranberry Oatmeal Raisin Round Served with Fresh Fruit Cup & Juice	5 Egg & Cheese Wake up Wrap Bagel with Cream Cheese Served with Apples & Bananas
15 Maple Mini Waffle Asst. Cereal Bowl with a Graham Cracker Served with Apples and Pears	16 Bacon, Egg, and Cheese Bagel Blueberry Muffin Served with Oranges & Juice	17 Breakfast Smoothie Benefit Bar Served with Strawberries & Clementines	18 Sausage, Egg & Cheese Wake up Wrap UBR Round Served with Fresh Fruit Cup & Juice	12 Breakfast Smoothie Bagel with Cream Cheese Served with Apples & Bananas
22 Pancake Sausage on a Stick Asst. Cereal Bowl with a Graham Cracker Served with Apples and Pears	23 French Toast Sticks Chocolate Chip Muffin Served with Oranges & Juice	24 Sausage, Egg, and Cheese Bagel Sandwich Oatmeal Betty Crocker Bar w/ Graham Served with Strawberries & Clementines	19 Cinnamon Roll Bagel with Cream Cheese Served with Apples & Bananas	26 Mini Cini Cream Cheese Bagel Mixed Berry Yogurt Parfait Served with Apples & Bananas
			25 Blueberry Breakfast Bread Nature Valley Round Served with Fresh Fruit Cup & Juice	

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